

PERSONAL DATA SHEET

Name: _____

Please complete this data sheet to the best of your abilities and feel free to use an additional page if needed. List all activities you have been involved with during high school (sports, music, volunteering, scouts, etc.).

<u>Activity</u>	<u>Year(s) Involved</u>			
	9	10	11	12

Is there something that you have accomplished either in school or outside of school of which you are especially proud? (Your time to wave your own flag! This is the place to list any special awards, recognition or just plain personal achievements you feel good about.)

Is there a class you have taken that has influenced or impacted you more than any other: Please explain how and why.

Describe an instance when you overcame a personal challenge. What did you learn about yourself from this experience?

What is a personal strength that you have to offer--something you believe to be a positive quality? (For example, "I am committed to seeing a project through to completion and doing my best!" or, "I go for help when I need it.")

Explain a difficult decision you have made. Describe the steps you used to make your decision.

If you have chosen a particular career goal, what is it? What is it that you like about that area?

What kinds of things do you like to do in your spare time (hobbies, leisure activities, personal interests)?

This is your opportunity to tell me anything not yet covered that you would like to have included in a recommendation.