

SKOWHEGAN AREA HIGH SCHOOL

Monday, April 22, 2024 - Day 2

Lunch: French Bread Pizza, Baked French Toast, Cheese Stick and/or Sausage, Steamed Broccoli, Fresh Oranges - Fruit and Veggie Bar

Weekly Athletic Schedule - April 22 - 27

Day	Date	Sport	Opponent	Location	Time	Dismissal	Bus times
Monday	4/22	Varsity BB/SB	Messalonskee	Messalonskee	4:15 PM		2:30 PM
		JV BB/SB	Messalonskee	SAMS - BB/Skowhegan-SB	4:00 PM		
		Boys Tennis	Mt. Blue	Mt. Blue	4:00 PM		2:30 PM
		Girls Tennis	Mt. Blue	Camp Somerset	4:00 PM	1:55 PM	V- 2:00pm
Tuesday	4/23						
Wednesday	4/24	Varsity BB/SB	Mt. Ararat	Madison-BB/Skowhegan-SB	4:30 BB/4:00 SB	1:45BB/2:00SB	2:00 PM
		JV BB/SB	Mt. Ararat	Mt. Ararat	4:15 PM	1:30 PM	1:45 PM
		Boys Tennis	Messalonskee	Messalonskee	4:00 PM		2:30 PM
		Girls Tennis	Messalonskee	Camp Somerset	4:00 PM	1:55 PM	V- 2:00pm
Thursday	4/25						
Friday	4/26	Track & Field	at Lewiston with Win, Bel, Brun	Lewiston	3:30 PM	1:00 PM	1:15 PM
		Girls Tennis	Oxford Hills	Oxford Hills	4:00 PM	12:45 PM	1:00 PM
Saturday	4/27	Track & Field	Husky Throwdown -MCI	MCI	10:00 AM		8:45 AM
		Varsity BB & SB	Brewer	Brewer	4:30 PM		2:00 PM
		JV BB & SB	Brewer	Brewer	6:30 PM		2:00 PM

Weight Room Schedule: Students should wait in the lobby until Mr. Salley comes in from bus duty at the end of the day.

Tuesday 2:45pm-4:15pm

Wednesday 2:45pm-4:15pm

Thursday 2:45pm-4:15pmGame

Good morning and welcome back below are the scores and results from this past weekend:

Varsity Baseball - Skowhegan 13 Camden Hills 4

JV Baseball - Skowhegan 7 Camden Hills 6 (6 innings)

Varsity Softball - Skowhegan 15 Camden Hills 0

Here are the results from our home meet on Saturday.

1600 METER RACE WALK

12:00.57	SB	Isabella Cote	1st	Finals H1	<u>Skowhegan Meet 2024</u>
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100 METER DASH

14.57	SB	McKaela McLaughlin	8th	Finals H2	<u>Skowhegan Meet 2024</u>
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14.92	SB	Faith Pease	11th	Finals H2	<u>Skowhegan Meet 2024</u>
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15.36	SB	Mackenzie Damon	14th	Finals H3	<u>Skowhegan Meet 2024</u>
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15.48	SB	Paisley Emery	16th	Finals H5	<u>Skowhegan Meet 2024</u>
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16.06	SB	Roza Rowe	21st	Finals H3	<u>Skowhegan Meet 2024</u>
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16.36	SB	Bridget Hughes	25th	Finals H3	<u>Skowhegan Meet 2024</u>
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16.37	SB	Gabriell Hall	26th	Finals H3	<u>Skowhegan Meet 2024</u>
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200 METER DASH

31.19	SB	McKaela McLaughlin	5th	Finals H4	<u>Skowhegan Meet 2024</u>
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32.99	SB	Mackenzie Damon	13th	Finals H6	<u>Skowhegan Meet 2024</u>
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34.41	SB	Paisley Emery	17th	Finals H1	<u>Skowhegan Meet 2024</u>
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34.46	SB	Roza Rowe	18th	Finals H1	<u>Skowhegan Meet 2024</u>
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34.79	SB	Bridget Hughes	23rd	Finals H3	<u>Skowhegan Meet 2024</u>
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34.92	SB	Gabriell Hall	24th	Finals H2	<u>Skowhegan Meet 2024</u>
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400 METER DASH

1:18.36	SB	Mackenzie Damon	5th	Finals H2	Skowhegan Meet 2024
1:34.56	SB	Gabriell Hall	7th	Finals H1	Skowhegan Meet 2024
800 METER RUN					
2:57.23	SB	Faith Pease	4th	Finals H1	Skowhegan Meet 2024
3:26.64	SB	Isabelle Munn	7th	Finals H1	Skowhegan Meet 2024
3:27.66	SB	Emily Bruce	8th	Finals H1	Skowhegan Meet 2024
100 METER HURDLES					
18.27	SB	Grace Mayo	1st	Finals H1	Skowhegan Meet 2024
300 METER HURDLES					
53.44	SB	Grace Mayo	2nd	Finals H1	Skowhegan Meet 2024
4X100 METER RELAY					
59.79	SB	Relay Team	4th	Finals H1	Skowhegan Meet 2024
4X800 METER RELAY					
12:56.26	SB	Relay Team	2nd	Finals H1	Skowhegan Meet 2024
HIGH JUMP					
4-4	SB	Grace Greenlaw	2nd	Finals H1	Skowhegan Meet 2024
4-2	SB	Isabelle Munn	6th	Finals H1	Skowhegan Meet 2024
3-6	SB	Mya Atwood	10th	Finals H1	Skowhegan Meet 2024
LONG JUMP					
16-4.5	SB	Grace Mayo	1st	Finals H2	Skowhegan Meet 2024
12-1.5	SB	Bridget Hughes	10th	Finals H2	Skowhegan Meet 2024
9-6.5	SB	Khloe Smith	18th	Finals H2	Skowhegan Meet 2024
TRIPLE JUMP					
31-1	SB	Grace Mayo	4th	Finals H1	Skowhegan Meet 2024
30-1.5	SB	McKaela McLaughlin	6th	Finals H1	Skowhegan Meet 2024
DISCUS					
69-0	SB	Grace Greenlaw	5th	Finals H2	Skowhegan Meet 2024
66-0	SB	Adyson Brooks	6th	Finals H2	Skowhegan Meet 2024
63-3	SB	Julia Fitzgerald	7th	Finals H2	Skowhegan Meet 2024
54-10	SB	Makaya Molley	10th	Finals H1	Skowhegan Meet 2024

54-10	SB	Madison Quimby	10th	Finals H2	<u>Skowhegan Meet 2024</u>
50-11	SB	Emily Bruce	12th	Finals H1	<u>Skowhegan Meet 2024</u>
45-5	SB	Mya Atwood	13th	Finals H2	<u>Skowhegan Meet 2024</u>
43-5	SB	Lily Hoover	15th	Finals H2	<u>Skowhegan Meet 2024</u>
41-1	SB	Blake Gleason	17th	Finals H2	<u>Skowhegan Meet 2024</u>
37-5	SB	Chloe Hoover	18th	Finals H1	<u>Skowhegan Meet 2024</u>

JAVELIN

73-6	SB	Grace Greenlaw	2nd	Finals H2	<u>Skowhegan Meet 2024</u>
63-3	SB	Julia Fitzgerald	4th	Finals H1	<u>Skowhegan Meet 2024</u>
60-0	SB	Makaya Molley	6th	Finals H2	<u>Skowhegan Meet 2024</u>
49-7	SB	Emily Bruce	14th	Finals H1	<u>Skowhegan Meet 2024</u>
47-5	SB	Adyson Brooks	15th	Finals H2	<u>Skowhegan Meet 2024</u>
46-10	SB	Mya Atwood	16th	Finals H1	<u>Skowhegan Meet 2024</u>
35-9	SB	Lily Hoover	20th	Finals H2	<u>Skowhegan Meet 2024</u>
34-2	SB	Blake Gleason	21st	Finals H1	<u>Skowhegan Meet 2024</u>
33-8	SB	Isabella Cote	22nd	Finals H2	<u>Skowhegan Meet 2024</u>

SHOT PUT

25-4	SB	Julia Fitzgerald	2nd	Finals H2	<u>Skowhegan Meet 2024</u>
24-11	SB	Grace Greenlaw	4th	Finals H2	<u>Skowhegan Meet 2024</u>
23-7	SB	Adyson Brooks	9th	Finals H1	<u>Skowhegan Meet 2024</u>
23-6	SB	Madison Quimby	10th	Finals H2	<u>Skowhegan Meet 2024</u>
19-6	SB	Lily Hoover	15th	Finals H2	<u>Skowhegan Meet 2024</u>
18-7	SB	Blake Gleason	17th	Finals H1	<u>Skowhegan Meet 2024</u>
18-5	SB	Isabella Cote	18th	Finals H2	<u>Skowhegan Meet 2024</u>
17-4	SB	Makaya Molley	20th	Finals H2	<u>Skowhegan Meet 2024</u>
15-8	SB	Mya Atwood	22nd	Finals H2	<u>Skowhegan Meet 2024</u>

1600 METER RACE WALK

11:47.50	SB	Riley Nicholls	4th	Finals H1	<u>Skowhegan Meet 2024</u>
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100 METER DASH

11.23	SB	Billy Albertson	1st	Finals H3	Skowhegan Meet 2024
13.24	SB	Anthony White	24th	Finals H4	Skowhegan Meet 2024
13.51	SB	Bradley Barnes	27th	Finals H3	Skowhegan Meet 2024
13.60	SB	Brik Bailey	29th	Finals H5	Skowhegan Meet 2024
14.25	SB	Ashton Robertson	38th	Finals H5	Skowhegan Meet 2024
15.35	SB	Rangeley Poulin	42nd	Finals H4	Skowhegan Meet 2024
15.72	SB	Cayden LaPointe	43rd	Finals H6	Skowhegan Meet 2024

200 METER DASH

23.24	SB	Billy Albertson	1st	Finals H2	Skowhegan Meet 2024
29.07	SB	Bradley Barnes	25th	Finals H4	Skowhegan Meet 2024
30.36	SB	Ashton Robertson	29th	Finals H6	Skowhegan Meet 2024
32.82	SB	Cayden LaPointe	33rd	Finals H5	Skowhegan Meet 2024

400 METER DASH

59.95	SB	Gabe Stetkis	7th	Finals H4	Skowhegan Meet 2024
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800 METER RUN

2:25.92	SB	Sebastian Williams	2nd	Finals H1	Skowhegan Meet 2024
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1600 METER RUN

5:49.53	SB	Sebastian Williams	5th	Finals H1	Skowhegan Meet 2024
5:50.95	SB	Sebastian Dubois	6th	Finals H1	Skowhegan Meet 2024
7:40.31	SB	Riley Nicholls	11th	Finals H1	Skowhegan Meet 2024

4X100 METER RELAY

54.52	SB	Relay Team	7th	Finals H2	Skowhegan Meet 2024
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4X400 METER RELAY

4:34.75	SB	Relay Team	4th	Finals H1	Skowhegan Meet 2024
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HIGH JUMP

5-6	SB	Gabe Stetkis	1st	Finals H1	Skowhegan Meet 2024
5-0	SB	Anthony White	3rd	Finals H1	Skowhegan Meet 2024
4-10	SB	Bradley Barnes	5th	Finals H1	Skowhegan Meet 2024
4-10	SB	Sebastian Williams	8th	Finals H1	Skowhegan Meet 2024

LONG JUMP

21-11.75	SB	Billy Albertson	1st	Finals H1	<u>Skowhegan Meet 2024</u>
15-10.5	SB	Anthony White	9th	Finals H1	<u>Skowhegan Meet 2024</u>
15-1.5	SB	Brik Bailey	11th	Finals H1	<u>Skowhegan Meet 2024</u>
13-5.25	SB	Ashton Robertson	15th	Finals H1	<u>Skowhegan Meet 2024</u>
11-9	SB	Rangeley Poulin	17th	Finals H1	<u>Skowhegan Meet 2024</u>

TRIPLE JUMP

43-10.25	SB	Billy Albertson	1st	Finals H1	<u>Skowhegan Meet 2024</u>
34-6	SB	Gabe Stetkis	6th	Finals H1	<u>Skowhegan Meet 2024</u>
33-4	SB	Henry Sites	7th	Finals H1	<u>Skowhegan Meet 2024</u>
31-7.5	SB	Sebastian Dubois	8th	Finals H1	<u>Skowhegan Meet 2024</u>
29-0.75	SB	Ashton Robertson	11th	Finals H1	<u>Skowhegan Meet 2024</u>

DISCUS

92-4	SB	Aydan Hovencamp	7th	Finals H1	<u>Skowhegan Meet 2024</u>
75-0	SB	Troy Dudley	11th	Finals H1	<u>Skowhegan Meet 2024</u>
74-4	SB	Henry Sites	13th	Finals H2	<u>Skowhegan Meet 2024</u>
51-2	SB	Gavin Hall	21st	Finals H2	<u>Skowhegan Meet 2024</u>
36-7	SB	Kaeson Hight	27th	Finals H2	<u>Skowhegan Meet 2024</u>

JAVELIN

101-10	SB	Aydan Hovencamp	3rd	Finals H2	<u>Skowhegan Meet 2024</u>
88-0	SB	Sebastian Dubois	6th	Finals H1	<u>Skowhegan Meet 2024</u>
87-4	SB	Troy Dudley	7th	Finals H2	<u>Skowhegan Meet 2024</u>
77-0	SB	Henry Sites	13th	Finals H2	<u>Skowhegan Meet 2024</u>
68-4	SB	Rangeley Poulin	19th	Finals H1	<u>Skowhegan Meet 2024</u>
29-5	SB	Kaeson Hight	26th	Finals H1	<u>Skowhegan Meet 2024</u>

SHOT PUT

41-3	SB	Thomas Hebert	1st	Finals H2	<u>Skowhegan Meet 2024</u>
38-8	SB	Aydan Hovencamp	2nd	Finals H2	<u>Skowhegan Meet 2024</u>
33-8	SB	Troy Dudley	4th	Finals H1	<u>Skowhegan Meet 2024</u>
21-2	SB	Riley Nicholls	29th	Finals H2	<u>Skowhegan Meet 2024</u>
17-1	SB	Kaeson Hight	32nd	Finals H1	<u>Skowhegan Meet 2024</u>

Other:

****YEARBOOKS ARE STILL ON SALE****

SEE MS. GOURLEY TO PURCHASE YOUR YEARBOOK BEFORE THEY ARE ALL SOLD OUT! - \$60.00

SENIORS:

JUNIORS: Dirigo State is among the most respected and selective educational programs of government instruction for US high school students. A participatory program in which students become part of the operation of local, county, and state government. This is a 6-day conference being held at Colby College June 16-21. Funds are available for a few participants. For more information or to apply see SAHS guidance.

SOPHOMORES:

FRESHMEN:

Art Club: Meet on Wednesdays after school from 2:30pm – 3:45pm.

Board Games Club: Meet on Wednesdays in O1B at 2:30pm

Book Club:

Bowling Club:

Chess Club:

Civil Rights Team: Meet on Tuesdays in the library from 2:30pm-3:30pm

Drama/Speech:

Eco Team: The Eco Team is collecting undamaged eclipse glasses to be donated to a program that will ship them to be re-used by kids in South America who are in the path of the October 2024 solar eclipse. Here is

the program: <https://eclipse23.com/pages/donate-eclipse-glasses> There is a box on a table outside of the office.

The SAHS Eco-Team and the honeybee husbandry summer program are selling raw and local honey. They are selling it for \$10 per one pound jar. The money will go toward projects conducted by the Eco-Team at the high school along with maintaining and expanding the beekeeping operation. All honey will be sold on a first come, first served basis with a limit of 3 jars per person. Please see or email Kate Drummond (kdrummond@msad54.org) , Eco Team Advisor, if you have questions.

Eco Team Meets on Tuesdays in G10 from 2:30pm to 3:30pm for the remainder of the year. All interested students are welcome to attend.

E-Sports: Meet on Thursdays from 2:15pm-4:15pm in Rm B3

Guidance Dept: Attention Juniors: Dirigo State is among the most respected and selective educational programs of government instruction for US high school students. A participatory program in which students become part of the operation of local, county, and state government. This is a 6-day conference being held at Colby College June 16-21. Funds are available for a few participants. For more information or to apply see SAHS guidance.

Knitting/Crochet Club: Meet on Wednesdays from 2:30pm-3:30pm in Rm 010A

Math Team:

Outing Club: All students are welcome to attend the free trips on the second Saturday of each month.

Poetry Club: Meet on Fridays in P5 at 2:30pm-4:00pm. New members are welcome.

Recycling: Recycling team will meet Thursdays during CSI. Please come if you are not tagged.

Please recycle #1&2 plastics, mixed paper, glass, metal cans, and returnables at the four hallway recycling stations. Food, food containers and plastic iced coffee cups are considered trash and need to be thrown in a trash can in the lobby, cafeteria, or a classroom.

School Newspaper: Are you interested in working on the school newspaper this year? See Mr. Smith for more information.

Student Council:

Yearbook: The cost of a yearbook is \$60.00. Please see Ms. Gourley to purchase your yearbook. Checks should be made out to SAHS/Yearbook with your name on the memo line.

Teacher News: Wake up ill? Sub needed? Call Sharon Mellows at 696-4938 between the hours of 5am to 7 am. Or e-mail her at smellows@msad54.org