

SKOWHEGAN AREA HIGH SCHOOL

Tuesday, January 21, 2025 - Day 1

Lunch: Mozzarella Sticks w/Marinara, Teriyaki Chicken Bowl w/Broccoli and Peapods, WG Steamed Rice, Pineapple Mandarin Salad - Fruit & Veggie Bar.

National Honor Society applications: Any junior with at least an 88 grade point average is eligible to apply for National Honor Society. Applications can be picked up in Mrs. Schaeffer's room, P-2. These applications must be completed and returned by Monday, February 10th at 2:30. Late applications will not be considered.

SPORTS: Unified Basketball Sign Ups are in the office

Here are the scores from this weekend:

Alpine Ski @ Kents Hills

Boys Ski Team Finished 5th out of 14 teams

Girls Ski Team Finished 8th out of 16 teams

Yesterday Kaden Salsbury finished 2nd in the race at Black Mtn and Drake Tracy finished 13th.

Wrestling - 11th Annual Skowhegan Invitational Tournament

Henry Sites - 2nd Place in his weight class

Miller Foss - 4th Place in his weight class

Cael Hamilton - 4th Place in his weight class

Wrestling - 2nd Annual Skowhegan Female Wrestling Tournament

Sophie Noyes - 3rd Place in her weight class

Comp Cheering - Congratulations on winning the Jamie Schibles Award for most improved Class A team at the KVAC Championship.

**Lifting Schedule: Tuesdays, Wednesdays, and Thursdays @ 2:45pm-4:15pm.
Wait in the lobby for Mr. Salley. He will meet you there.**

Skowhegan Athletic Schedule - Jan 20 - 25

Day	Date	Sport	Opponent (s)	Location	Time	Dismissal	Bus times
Monday	1/20	Wrestling	Female Wrestling Tournament	Skowhegan	7:30WI/9:30WR		
		Ice Hockey	Houlton/Hodgdon	Miller Event Ctr	1:00 PM		
		Alpine Ski	Multiple Teams (GS Race)	Black Mtn	10:00 AM		7:00 AM
Tuesday	1/21	Alpine Ski	Multiple Teams	Lost Valley	4:00 PM	1:15 PM	1:30 PM
Wednesday	1/22	Bowling	Multiple Teams	Bayside Bowl	3:00 PM	1:00 PM	1:15 PM
		Indoor Track	PRACTICE	Colby College			5:15 PM
		Wrestling	Camden, Gardiner, Penobscot	Skowhegan (Make up from 12/11)	5:00WI/6:00WR		
Thursday	1/23	Alpine Ski	PRACTICE	Titcomb Mtn	3:00 PM		2:15 PM
		Comp Cheering	Multiple Teams	Winslow	4:00 PM		2:30 PM
Friday	1/24	Girls Basketball	Brewer	Skowhegan	5:00JV/6:30V		
		FT/JV Basketball	Brewer	Brewer	3:30FT/5:00JV	1:30 PM	1:45 PM
		V Boys Basketball	Brewer	Brewer	6:30V		3:45 PM
		Indoor Track	Brun, Nok, EL, EA, MCI, Watvl	Bowdoin College	7:00 PM		5:15 PM
		Swim	Morse	Bath YMCA	7:00 PM		
		Alpine Ski	Multiple Teams (GS Race)	Black Mtn	4:00 PM	1:15 PM	1:30 PM
Saturday	1/25	Wrestling	KVAC Championships	Cony HS	7:30WI/9:30WR		6:00 AM
		Comp Cheering	Bulldog Invitational Comp	Lawrence HS	9:00 AM		7:30 AM
		Alpine Ski	Multiple Teams (GS Race)	Camden Snow Bowl	10:00 AM		6:00 AM

SENIORS:

JUNIORS: The Maine Space Grant Consortium (MSGC) is pleased to announce a special opportunity for Maine high school juniors who are interested in a science, technology, engineering, or mathematics (STEM) paid internship through the MERITS program. This program provides a six-week, paid summer internship research opportunity for highly motivated high school juniors. Students experience 'real-time' applications of STEM at various Maine host institutions conducting hands-on research and technology development. If you are interested in this opportunity, please see Miss Drummond in G10 for more information.

SOPHOMORES:

FRESHMEN:

Art Club: *Art Club will meet every Wednesday in room W-3 from 2:30pm-3:45pm*

Board Games Club:

Book Club:

Bowling Club: Chess Club:

Civil Rights Team:

Drama/Speech:

Eco Team: Eco Team will be meeting Wednesdays after school in G10 from 2:20pm – 2:45pm. All students are welcome to participate.

The SAHS Eco Team and the honeybee husbandry summer program are selling raw and local honey. They are selling it for \$10 per one pound jar. The money will go toward projects conducted by the Eco-Team at the high school along with maintaining and expanding the beekeeping operation. All honey will be sold on a first come, first served basis with a limit of 3 jars per person. Please see or email Kate Drummond (kdrummond@msad54.org), Eco Team Advisor, if you have questions.

E-Sports:

Board Game Club: Board Game Club will meet weekly on Wednesday's from 2:30-4 PM in O1. All are welcome to join!

Guidance Dept:

Knitting/Crochet Club: Knitting/Crochet Club will meet every Wednesday, from 2:30pm-3:30pm in O10A

Math Team:

Outing Club: The outing club is offering two activities before February break: Ice Fishing and Cross-Country Skiing at Lake Wesserunsett on Saturday, January 25th and Skiing/ Snowboarding at Titcomb Mountain on Sunday, February 2nd. These trips are free and open to all students at SAHS. Transportation, equipment and food are provided. If you are interested in these trips, you must register with Miss Drummond by this Friday, January 17th.

Poetry Club:

Recycling: Recycling has begun at SAHS. The recycling stations have been placed throughout the building and are ready to collect CLEAN recyclables. Mixed paper belongs in the blue bins, metals and glass in the green bins, and #1 and 2 plastics in the gray tubs. Recycling stations are brought to you by the Recycling Team, Eco Team and the Town of Skowhegan, which offers FREE recycling to all residents of Somerset County.

Please recycle #1&2 plastics, mixed paper, glass, metal cans, and returnables at the four hallway recycling stations. Food, food containers and plastic iced coffee cups are considered trash and need to be thrown in a trash can in the lobby, cafeteria, or a classroom.

Student Council:

Yearbook: The yearbook committee is looking for pictures to include in the yearbook this year! School related pictures including dances, prom, spring 2024 sports, fall sports, winter sports, candid shots, assemblies, clubs and organizations, march madness, homecoming etc. Please upload them directly to the josten's yearbook website (<https://photos.jostens.com/74R4DH>) or submit them to bgrenier@msad54.org.

The cost of a yearbook is \$60.00 for the month of January and will increase to \$65.00 starting February 1st. Please see Ms. Gourley to purchase your yearbook. Checks should be made out to SAHS/Yearbook with your name on the memo line. To purchase a Yearbook online go to: SAHS Homepage, Josten's link. Any questions see Ms. Gourley.

Teacher News: Wake up ill? Sub needed? Call Sharon Mellows at 696-4938 between the hours of 5am to 7 am. Or e-mail her at smellows@msad54.org or smellows022@gmail.com