#### SKOWHEGAN AREA HIGH SCHOOL

Monday September 20, 2021 -Day 2-

Nat'l Pepperoni Pizza Day

**Lunch:** Pepperoni Individual Pizzas, Local Fresh Salad w/romaine

Main Grown Grape Tomatoes, Pineapple Tidbits

Fruit and Veggie Bar

### **SPORTS:**

SAHS athletic results for Saturday, 9/18:

Varsity Boys' Soccer: Brewer 2 Skowhegan 1
JV Boys' Soccer: Brewer 2 Skowhegan 1

Cross Country: SAXL Park Race

Patrick McKenney – 9<sup>th</sup> place

Varsity Girls' Soccer: Skowhegan 0 Lewiston 0 (suspended due to

weather with 17:03 remaining in 2<sup>nd</sup> half)

JV Girls' Soccer: Skowhegan vs Lewiston (postponed due to

weather)

SAHS athletic results for Friday, 9/17:

Varsity Football: Oxford Hills 27 Skowhegan 13

SAHS athletic results for Thursday, September 16<sup>th</sup>:

Varsity Golf: Skowhegan 9 Mt. Blue 0

Messalonsk 8 Skowhegan 1

Varsity Girls' Soccer: Brewer 3 Skowhegan 0

SAHS athletic results for Tuesday, September 14<sup>th</sup>:

Varsity Boys' Soccer: Skowhegan 2 Mt. Blue 1 Varsity Golf: Skowhegan 8 Mt. Blue 1

Messalonskee 8 Skowhegan 1

#### **Athletic Schedule:**

Day	Date	Sport	Opponent	Location	Time	Dismiss	Bus time
Saturday	9/18/2021	Varsity Boys' soccer	Brewer - Senior Day	Skowhegan HS			
Saturday	9/18/2021	JV Boys' Soccer	Brewer	Skowhegan 11:30am HS			
Saturday	9/18/2021	Varsity Girls' Soccer	Lewiston	Skowhegan 2:30pm HS			
Saturday	9/18/2021	JV Girls' Soccer	Lewiston	Skowhegan HS	4:00pm		
Saturday	9/18/2021	Cross Country	Brewer/John Bapst Host	Saxl Park - Bangor	11:00G/11:45B		8:30am
Monday	9/20/2021	JV Football	Oxford Hills	Gouin Athletic Complex	Athletic		2:10pm
Monday	9/20/2021	Varsity Field Hockey	Lewiston	Skowhegan 4:00pm HS			
Monday	9/20/2021	JV Field Hockey	Lewiston	Skowhegan 5:15pm HS			
Monday	9/20/2021	Varsity Boys' Soccer	Hampden Academy	Skowhegan 3:30pm HS			
Monday	9/20/2021	JV Boys' Soccer	Hampden Academy	Skowhegan 5:00pm HS			
Monday	9/20/2021	JV Golf	Cony	Lakewood 3:30pm GC			
Tuesday	9/21/2021	Varsity Golf	Mess & MB - Senior Day	Lakewood GC	3:30pm		
Tuesday	9/21/2021	JV Girls' Soccer	Hampden Academy	Hampden Academy	4:00pm	1:55pm	2:10pm
Tuesday	9/21/2021	Varsity Girls' Soccer	Hampden Academy	Hampden Academy	6:00pm	1:55pm	2:10pm
Thursday	9/23/2021	Varsity Field Hockey	Messalonskee	Skowhegan 4:00pm HS			
Thursday	9/23/2021	JV Field Hockey	Messalonskee	Skowhegan HS	5:15pm		
Thursday	9/23/2021		Lewiston	Lewiston HS	5:00pm		3:00pm

Thursday	9/23/2021	Varsity Boys' Soccer	Lewiston	Lewiston HS	7:00pm		3:00pm	
Thursday	9/23/2021	Varsity Golf	Messalonskee & Mt. Blue	Belgrade Lakes GC	3:00pm	1:15pm	1:30pm	
Friday	9/24/2021	Varsity Golf	Mt. Blue - KVAC Playoff	ТВА	3:30pm			
Friday	9/24/2021	Cross Country	Cony HS 4:00G/4:30B 1:45pm		1:45pm	2:00pm		
Friday	9/24/2021	Varsity Football	Falmouth/Greely	Falmouth HS	6:30pm		2:45V/3:15JV	
Saturday	9/25/2021	Varsity Field	Oxford Hills	Gouin Athletic	10:30am		7:45am	
Saturday	9/25/2021	JV Field	Oxford Hills	Gouin	12:00pm		7:45am	
		Hockey		Athletic Complex				
Saturday	9/25/2021	Varsity Girls' Soccer	Mt. Ararat	Skowhegan HS	11:00am			
Saturday	9/25/2021	JV Girls' Soccer	Mt. Ararat	Skowhegan HS	12:30pm			
Saturday	9/25/2021	JV Boys'	Mt. Ararat	Mt. Ararat HS	2:15pm		12:00pm	
		Boys' Soccer		113				
Saturday	9/25/2021	Varsity Boys' Soccer	Mt. Ararat	Mt. Ararat HS	4:00pm		12:00pm	

## **SENIORS:**

**Seniors:** Make sure to fill out and return your Senior Brag Sheet to Ms. Strout by **Friday, October 8**th. If you did not get one during the class meeting, extras are located in the office on Ms. Strout's desk. Senior Portraits and any other pictures you would like to submit to be used in the yearbook should also be turned in to Ms. Strout by Friday October 8<sup>th</sup>.

Please visit the SAHS website and under announcements click on the link to order your diploma and cap/gown for graduation

### **JUNIORS:**

### **SOPHOMORES:**

Attention Sophomores! Look into the future. Do you see yourself having an awesome prom or a lame one? An epic project graduation that you'll be talking about for years to come or one you would have rather not gone to and spent the time sleeping instead? Paying your class dues will ensure gargantuan greatness. Your dues are \$10 each school year or \$40 for your entire high school career. You can pay them in cash or check. If by check, make it out to Skowhegan Area High School. Please deliver your class dues as soon as possible to Mr. McFadden in G9.

### **FRESHMEN:**

### **Guidance:**

Representatives from the following schools will visit the guidance department next week: University of Maine, University of New England, Washington County Community College

Interested juniors and seniors may sign up in the guidance office.

Seniors: SAHS Guidance is recommending seniors and parents attend a financial aid awareness meeting on Wednesday, September 22 at 6 PM in the café. The meeting will cover information about completing the Free Application for Federal Student Aid (FAFSA) and other important financial aid details. An expert from the Finance Authority of Maine will be here to answer questions.

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#### Other:

**Yearbook Committee**: If you would like to help with the 2022 Yearbook, but are unable to attend meetings, you are still welcome to join! Please see Ms. Strout in the cafeteria during Blocks 1, 2, or 4, or in the office before school or after school. You can also email her at <a href="mailto:jstrout@msad54.org">jstrout@msad54.org</a>.

#### **Eco Team:**

The first Eco Team meeting will be on Tuesday, September 21<sup>st</sup> after school from 2:30 – 3:30 in G10. This meeting is just for introductions, a chance to learn more and sign up if you are interested. Everyone is welcome! Come see what this club is all about.

Eco Team is about to start up again and needs new members to replace the many seniors who graduated last year. If you are interested in helping to reduce the impact our school has on the environment, Eco Team is for you! Over the past three years, Eco Team has installed 8 honey-bee hives on campus, worked with the Town of Skowhegan to expand the school recycling program, AND built a new hiking trail for Somerset Woods land trust. What project will the team decide to take on next? Join Eco Team and help us decide. Put your name on the sign-up sheet in the office if you are interested. See Eco Team co-advisors Mr. McFadden in G-9 or Miss Drummond in G-10 if you have questions about any of our projects or if you want to buy honey to support team projects.

### **Outing Club**:

The first Outing Club meeting will take place on Thursday, September 23<sup>rd</sup> after school from 2:30 – 3:30 in G10. This meeting is just for introductions, a chance to learn more and sign up if you are interested. Everyone is welcome! Come see what this club is all about.

If you enjoy spending time outdoors, consider joining the Outing Club this year. The mission of the Outing Club is to connect high school students to safe, life-changing outdoor experiences with peers- such as hiking, camping, snowshoeing, or just sitting around the campfire, to name a few examples. No experience necessary! The Outing Club is inclusive of everyone, regardless of ability or experience. If you join, you will have the opportunity to enjoy the outdoors, together with friends, in a low stress environment. Put your name on the sign-up sheet in the office if you are interested. See Outing Club co-advisors Mr. McFadden in G-9 or Miss Drummond in G-10 if you have questions.

#### Media Center:

The <u>Chess Club</u> will hold its first meeting of the year in the Media Center on Thursday, the 23<sup>rd</sup> of September, at 2:30 pm. New members and beginners are always welcome! See Mr. LaFlamme for more information

## **Art Club:**

Meetings will be held each Wednesday 2:15-3:30 in W3. Anyone is welcome.

Please email Mr. Charland at <a href="mailto:mcharland@msad54.org">mcharland@msad54.org</a> for more information.

# **Teacher News:**

Wake up ill? Sub needed? Call Sharon Mellows at 696-4938 between the hours of 5 and 7 AM. Or e-mail her at <a href="mailto:sharon.mellows@myfairpoint.net">sharon.mellows@myfairpoint.net</a> or <a href="mailto:smellows@msad54.org">smellows@msad54.org</a>.