

SKOWHEGAN AREA HIGH SCHOOL

Tuesday, January 24, 2023 - Day 2

Lunch: Waffle Sticks, Peanut Butter Yogurt/Cheese Sticks, Celery Sticks, Warm Applesauce - Fruit & Veggie Bar

Here is the update on some special things that happened in sports from this weekend.

Wrestling:

Belfast 60 Skowhegan 24

Massabesic (Mr. Bellerose can fix my spelling) 63 Skowhegan 12

Skowhegan 54 Gardiner 18

Skowhegan 54 MCI 6

Skowhegan 42 Camden Hills 42

*** Mike Welch earned his 100th Career victory as a Skowhegan wrestler on Saturday

Cheering: Cheering had a good showing in the KVAC championships. They earned the Jamie Beth Shible Award for most improved Cheering team in Class A. (The Plaque is on the counter in the office).

Alpine Ski: Alpine Ski competed at Kents Hill on Saturday. Asa Stroman finished in 2nd place.

Indoor Track: Our track team competed at Bowdoin College on Saturday. Billy Albertson had 3 first place finishes.

Staff vs JV game:

Finally, the fundraiser game between the Staff and JV teams was a lot of fun. While the staff teams came up a bit short in their effort, no one was injured. The JV boys were also assisted by some bad math from the scorekeeper who gave extra points for miscellaneous things (hitting the rim, Mr. Bellerose missing his free throw, etc). Thank you to Mr. Cyr and Ms. Brown who helped officiate and to Beth Norweg who worked the gate.

Mt. Blue Games today: The boys and girls basketball games today have been postponed to next Wednesday, February 1st. Same times.....



Athletic Schedule – January 23 – January 28, 2023

Day	Date	Sport	Opponent	Location	Time	Dismissal	Bus Times
Monday	1/23	Boys Bsktbl/Girls Bsktbl – Postponed to Wednesday 1/25	Mt. Blue	Skowhegan	4:00 FT/ 5:30 JV/ 7:00 V		4:00pm
Tuesday	1/24	Alpine Ski	PRACTICE	Titcomb Mtn	3:30pm		2:30pm
Wednesday	1/25	Wrestling	Mt. View, Lincoln Academy, Morse	Skowhegan	5:00pm WI / 6:00pm WR		
Early Release Day		Alpine Ski	RACE	Titcomb Mtn	4:00 pm		1:30pm
Thursday	1/26	Aline Ski	PRACTAICE	Titcomb Mtn	3:30pm		2:30pm
		Boys Basketball	Nokomis	Skowhegan	4pm FT/ 5:30pm JV/ 7pm V		
		Girls Basketball	Nokomis	Nokomis	5pm JV/ 6:30pm V		3:30pm
		Bowling	All Teams	Lewiston	3:30pm	1:15pm	1:30pm
		Indoor Track	Win, Nok, MT. A, Leavitt, Morse, OxHills	USM	5:30pm		2:20pm

Day	Date	Sport	Opponent	Location	Time	Dismissal	Bus Times
Friday	1/27	Boys Basketball	Erskine Academy	Erskine Academy	3:30pm FT/ 5pm JV/ 6:30pm V	1:30pm	1:45pm
		Girls Basketball	Erskine Academy	Skowhegan	5:30pm JV/ 7:00pm V		
		Alpine Ski	RACE	Black Mtn	4:00pm12:15pm	12:30pm	
Saturday	1/28	Wrestling	KVAC Championship	Cony HS	7:30am WI / 9:30am WR		6:00am
		Cheering	Paws For A Cause Competition	Lawrence HS	10:00am		7:30am

GUIDANCE:

SENIORS:

JUNIORS:

SOPHOMORES:

FRESHMEN:

Other:

Art Club:

Board Games Club:

Book Club:

Bowling Club:

Chess Club:

Civil Rights Team:

Drama/Speech:

Eco Team: All students are welcome to join the Eco Team at any time during the year. Projects are student designed and work to reduce the impact our school has on the environment. This year's project focus is testing and improving indoor air quality at SAHS. The Eco Team has honey still available to purchase. \$10 per pound and no limits on how much you buy. See me in G10 to purchase.

Math Team: For those interested in joining or learning about the Math Team Please see Mr. Small in Green 3. All skill levels are welcome! We have 6 competitive meets throughout the school year. We will be figuring out practice dates once members are gathered. We will have an online presence as well for those unable to attend the practice meetings.

Outing Club: Join the Outing Club for two days of free downhill skiing, snowboarding, or cross-country skiing at Titcomb Mountain. Lift tickets, rentals, and a lesson of your choice are all free!. You have the option to drive yourself to Titcomb Mountain near Farmington, caravan with the Skowhegan Outdoors staff from Skowhegan, or register for the free Somerset Outing Club bus. The dates for these trips are Saturday, February 4th and Saturday, March 4th. See Miss Drummond in G10 to learn more and sign up.

Poetry Club:

Recycling: Please put only paper in the blue recycling bins in the classrooms. Trash goes in the trashcans. Cardboard, plastic & bottles cans go in the bins in the hallway.

School Newspaper: Are you interested in working on the school newspaper this year? See Mr. LaFlamme or Mr. Smith for more information.

Yearbook: Students: If you have photos you would like to share to possibly be included in the yearbook, please email Ms. Strout at jstrout@msad54.org or Ahnalese Higgins at 23higginsan@students.msad54.org. We would love to see group photos during homecoming, Halloween, sporting events or any other school activity! If you are interested in purchasing a yearbook, they are currently \$50. See Mr. Staples in B-5 to pre-order yours today!

Teacher News : Wake up ill? Sub needed? Call Sharon Mellows at 696-4938 between the hours of 5 and 7 AM. Or e-mail her at sharon.mellows@myfairpoint.net or smellows@msad54.org.