

SKOWHEGAN AREA HIGH SCHOOL
Tuesday, January 18, 2022

-Day 1-

Lunch: French Toast Sticks, Yogurt Cup w/Maine Blueberries, Roasted Diced Potatoes, Warm Cinamon Applesauce, Fruit & Veggie Bar.

There will be a brief Unified Basketball Meeting in the cafe next Wednesday, January 12 during CSI. Please contact Miss Brown in B2 if you are unable to attend.

SAHS athletic results from Weds, 1/12 (just received), Friday, 1/14 and Saturday, 1/15.

Wednesday, 1/12

Wrestling: Skowhegan 31 Oceanside 30
Cony 27 Skowhegan 19
Mt. Ararat 48 Skowhegan 28

Friday, 1/14

Varsity Boys' BB: Skowhegan 58 Lawrence 42

Saturday, 1/15

Wrestling:

Skowhegan 24 Mt. View 12
Skowhegan 18 Lincoln Academy 6
MCI 15 Skowhegan 12
Mt. Blue 30 Skowhegan 24
Gardiner 36 Skowhegan 24

JV Girls' BB:

Skowhegan 52 Lawrence 38

JV Boys' BB:

Skowhegan 55 Lawrence 50

First Team Boys' BB:

Lawrence 60 Skowhegan 38

Athletic Schedule

Day	Date	Sport	Opponent	Location	Time	Dismiss	Bus time
Monday							
Tuesday	1/18/22	JV Girls' BB	Bangor	Bangor HS	5:30pm		3:45pm
Tuesday	1/18/22	Varsity Girls' BB	Bangor	Bangor HS	7:00pm		3:45pm
Tuesday	1/18/22	First Team Boys' BB	Bangor	Skowhegan HS	4:00pm		
Tuesday	1/18/22	JV Boys' BB	Bangor	Skowhegan HS	5:30pm		

Tuesday	1/18/22	Varsity Boys' BB	Bangor	Skowhegan HS	7:00pm		
Tuesday	1/18/22	Alpine Ski	Practice	Titcomb Mtn	3:00-5:00pm		2:30pm
Wednesday	1/19/22	Alpine Ski	GS Race	Saddleback Mtn	1:00pm	9:45am	10:00am
Wednesday	1/19/22	Wrestling	Gardiner & Winslow	Gardiner HS	5:00/6:00pm		3:45pm
Thursday	1/20/22	Alpine Ski	Practice	Titcomb Mtn	3:00-5:00pm		2:30pm
Thursday	1/20/22	Bowling	Bangor 2	CMFFC	3:30pm		
Thursday	1/20/22	Varsity Girls' BB	Lawrence	Skowhegan HS	7:00pm		
Friday	1/21/22	Alpine Ski	SL Race	Titcomb Mtn	4:00pm	1:45pm	2:00pm
Friday	1/21/22	Indoor Track	KVAC Meet #5	University of Southern Maine	6:00pm		2:30pm
Saturday	1/22/22	Wrestling	Medomak, Camden Hills & MCI	Medomak Valley HS	8:00/9:00am		6:00am
Saturday	1/22/22	Competition Cheering	KVAC Championship	Augusta Civic Center	10:00am		6:45am
Saturday	1/22/22	Alpine Ski	Kents Hill – SL	Kents Hill	12:00pm		9:45am

SENIORS:

*Class dues are \$40. If you have yet to pay, please see Mrs. Chase or Mrs. Grindle.

* Please visit the SAHS website and under announcements click on the link to order your diploma and cap/gown for graduation

JUNIORS:

SOPHOMORES:

Attention Sophomores! Look into the future. Do you see yourself having an awesome prom or a lame one? An epic project graduation that you'll be talking about for years to come or one you would have rather not gone to and spent the time sleeping instead? Paying your class dues will ensure gargantuan greatness. Your dues are \$10 each school year or \$40 for your entire high school career. You can pay them in cash or check. If by check, make it out to Skowhegan Area High School. Please deliver your class dues as soon as possible to Mr. McFadden in G9.

FRESHMEN:

Do you have an idea for a class fundraiser? If you have suggestions, please reach out to one of the class officers or Ms. Strout. We raise money to help with senior events like Class Night and Project Graduation, among other things. You can also pay your class dues of \$40 to Ms. Strout at any time.

Guidance:

Sophomores who are interested in attending the 2022 Maine Youth Leadership Seminar at USM in June should stop by the guidance office for an application. Applications are due February 4.

Other:

The class of 2024: The sophomore class is selling awesome winter hats with the Riverhawk logo on it. The cost is \$20. You can get an order form in the office or the library. You will still be able to order hats after this, but they will not come in until after winter break.

Civil Rights Team

Just a reminder that Civil Rights Team has decided to move their weekly meetings to Tuesdays, 2:30-3:30 in O-9 to ensure that more members can attend.

Do you think that every student here at Skowhegan Area High School should feel safe, welcome, and respected for who they are? The Civil Rights Team does! But we know that in every school community, there are things that happen so that not all students feel this way. Sometimes these things are related to race and skin color, national origin and ancestry, religion, disabilities, gender (including gender identity or expression), or sexual orientation.

This is a problem, but you can be a part of the solution. **You** can join the SAHS Civil Rights Team! The civil rights team believes that in our school community, *everyone* should feel safe, welcome, and respected for who they are. We believe that bias, prejudice, and hate have no place in our school. We can do better than that! We can celebrate our differences and work together to create the kind of school community we all want, where **everyone** truly belongs.

If this sounds like something you might want to be a part of, please see Miss Irish or Mr. Jones

Yearbook Committee:

We will be meeting Thursdays starting at 2:30 in the cafeteria. Please see Ms. Strout if you are not able to attend.

If you would like to help with the 2022 Yearbook, but are unable to attend meetings, you are still welcome to join! Please see Ms. Strout in the cafeteria during Blocks 1, 2, or 4, or in the office before school or after school. You can also email her at jstrout@msad54.org

Outing Club

Outing club meets every Wednesday after school in G-10 2:30 – 4:00 pm. Outdoor adventures are free and open to all staff and students and include a campfire and hot chocolate. Equipment and warm clothing will be available to borrow. No sign ups, outdoor experience, or expertise necessary. The purpose of this club is to provide free, healthy outdoor fun in a safe, welcoming environment. Outing Club advisors, Ms. Drummond G10 (kdrummond@msad54.org) and Mr. McFadden (kmcfadden@msad54.org) are experienced outdoor trip leaders and naturalists. Please feel free to just show up in G-10 on Wednesdays when you can make it

Eco Team:

Eco Team meets every Thursday in G10 2:30 – 3:30 pm. Please see Mr. McFadden (G9) and Ms. Drummond (G10) if you have questions about this club.

Art Club:

Meetings will be held each Wednesday 2:15-3:30 in W3. Anyone is welcome. Please email Mr. Charland at mcharland@msad54.org for more information.

Teacher News:

Wake up ill? Sub needed? Call Sharon Mellows at 696-4938 between the hours of 5 and 7 AM. Or e-mail her at sharon.mellows@myfairpoint.net or smellows@msad54.org.