

SKOWHEGAN AREA HIGH SCHOOL

Monday, April 29, 2024 - Day 1

Lunch: Calzone, Buttermilk Pancakes, Yogurt Cup or Cheese Stick, Diced Carrots, Strawberry Cup - Fruit and Veggie Bar

Weekly Athletic Schedule - April 29 - May 4

Day	Date	Sport	Opponent	Location	Time	Dismissal	Bus times
Monday	4/29	Varsity BB & SB	Nokomis	Skowhegan SB/Madison BB	4:00SB/4:30BB	2:00 PM	
		JV BB & SB	Nokomis	Nokomis	4:00 PM	1:45 PM	2:00 PM
		Boys Tennis	Camden Hills	Camp Somerset	4:00 PM	1:55 PM	V-2:00pm
		Girls Tennis	Camden Hills	Camden Hills	4:00 PM	1:15 PM	1:30 PM
Tuesday	4/30						
Wednesday	5/1	Varsity BB & SB	Edward Little	CMCC	4:00 PM	1:00 PM	1:15 PM
		JV BB & SB	Edward Little	Skowhegan SB/Madison BB	4:00SB/4:30BB		2:30 PM
		Boys Tennis	Brewer	Camp Somerset	3:00 PM	12:45 PM	1:00 PM
		Girls Tennis	Brewer	Camp Somerset	3:00 PM	12:45 PM	1:00 PM
Thursday	5/2	JV BB & SB	Mt. Blue	Mt. Blue	4:00 PM		2:30 PM
		Boys Tennis	Bangor	Bangor	3:30 PM	1:15 PM	1:30 PM
		Girls Tennis	Bangor	Bangor	3:30 PM	1:15 PM	1:30 PM
Friday	5/3	Varsity Softball	Mt. Blue	Skowhegan	4:00 PM	2:00 PM	
		Varsity Baseball	Mt. Blue	Colby College	7:00 PM		5:15 PM

		Track & Field	Mt. Ararat, Messo, Leavitt, Morse	Mt. Ararat	3:30 PM	1:00 PM	1:15 PM
Saturday	5/4	Boys Tennis	MPA Indv. Singles Tourney	Bangor HS	8:30 Reg/9:00 Start		
		Girls Tennis	MPA Indv. Singles Tourney	Bangor HS	8:30 Reg/9:00 Start		

Weight Room Schedule: Students should wait in the lobby until Mr. Salley comes in from bus duty at the end of the day.

Tuesday 2:45pm-4:15pm

Wednesday 2:45pm-4:15pm

Thursday 2:45pm-4:15pmGame

Sports: Scores from this past weekend:

Girls Tennis - Oxford Hills 3 Skowhegan 2

Varsity Baseball - Brewer 2 Skowhegan 1

JV Baseball - Skowhegan 1 Brewer 0

Varsity Softball - Skowhegan 14 Brewer 4

JV Softball - Skowhegan 18 Brewer 2

Track & Field results from this weekend - Lewiston first than the throw down.

1600 METER RACE WALK

12:07.93 [Isabella Cote](#) 3rd Finals H1 [Complete Results](#)

100 METER DASH

15.12 [Faith Pease](#) 20th Finals H3 [Complete Results](#)

15.23 SB [Mackenzie Damon](#) 21st Finals H3 [Complete Results](#)

15.62 SB [Madilyn Flannery](#) 27th Finals H6 [Complete Results](#)

15.64 SB [Lillian Smith](#) 28th Finals H6 [Complete Results](#)

15.70 [Paisley Emery](#) 29th Finals H4 [Complete Results](#)

16.13 [Roza Rowe](#) 35th Finals H4 [Complete Results](#)

16.50 [Bridget Hughes](#) 37th Finals H5 [Complete Results](#)

16.78		Gabriell Hall	38th	Finals H5	Complete Results
17.36	SB	Khloe Smith	39th	Finals H6	Complete Results
200 METER DASH					
32.41	SB	Madilyn Flannery	15th	Finals H4	Complete Results
33.59	SB	Roza Rowe	20th	Finals H4	Complete Results
34.14	SB	Paisley Emery	23rd	Finals H4	Complete Results
34.65	SB	Bridget Hughes	24th	Finals H4	Complete Results
34.66	SB	Victoria Roderick	25th	Finals H3	Complete Results
35.29		Gabriell Hall	26th	Finals H4	Complete Results
35.89	SB	Isabella Cote	27th	Finals H4	Complete Results
400 METER DASH					
1:18.79	SB	Victoria Roderick	14th	Finals H2	Complete Results
1:22.27	SB	Gabriell Hall	16th	Finals H3	Complete Results
1600 METER RUN					
6:31.54	SB	Faith Pease	4th	Finals H1	Complete Results
100 METER HURDLES					
22.75	SB	Paisley Emery	12th	Finals H2	Complete Results
4X100 METER RELAY					
59.57	SB	Relay Team	4th	Finals H1	Complete Results
HIGH JUMP					
4-6		Grace Greenlaw	3rd	Finals H1	Complete Results
3-10	SB	Makaya Molley	11th	Finals H1	Complete Results
LONG JUMP					
12-6	SB	Victoria Roderick	19th	Finals H1	Complete Results
12-5	SB	Lillian Smith	21st	Finals H1	Complete Results
12-0.75	SB	Bridget Hughes	22nd	Finals H1	Complete Results
10-5.5		Khloe Smith	24th	Finals H1	Complete Results
7-6	SB	Madilyn Flannery	26th	Finals H1	Complete Results
TRIPLE JUMP					
25-4.25	SB	Khloe Smith	13th	Finals H1	Complete Results

POLE VAULT

5-0 SB [Mackenzie Damon](#) 6th Finals H1 [Complete Results](#)

DISCUS

78-10 [Julia Fitzgerald](#) 2nd Finals H1 [Complete Results](#)

77-9 [Grace Greenlaw](#) 3rd Finals H1 [Complete Results](#)

67-10 [Madison Quimby](#) 7th Finals H1 [Complete Results](#)

62-5 [Makaya Molley](#) 10th Finals H1 [Complete Results](#)

58-8 [Adyson Brooks](#) 14th Finals H1 [Complete Results](#)

57-7 [Emily Bruce](#) 16th Finals H1 [Complete Results](#)

54-3 SB [Olivia Huff](#) 17th Finals H1 [Complete Results](#)

51-10 SB [Victoria Roderick](#) 18th Finals H1 [Complete Results](#)

49-8 [Destiny Williams](#) 21st Finals H1 [Complete Results](#)

46-0 [Lily Hoover](#) 23rd Finals H1 [Complete Results](#)

45-6 [Blake Gleason](#) 25th Finals H1 [Complete Results](#)

40-9 SB [Mya Atwood](#) 26th Finals H1 [Complete Results](#)

27-5 SB [Delani Weeks](#) 29th Finals H1 [Complete Results](#)

JAVELIN

68-2 [Makaya Molley](#) 5th Finals H1 [Complete Results](#)

64-0 [Julia Fitzgerald](#) 6th Finals H1 [Complete Results](#)

55-9 [Mya Atwood](#) 9th Finals H1 [Complete Results](#)

51-9 [Adyson Brooks](#) 14th Finals H1 [Complete Results](#)

46-10 SB [Emily Bruce](#) 17th Finals H1 [Complete Results](#)

37-6 [Isabella Cote](#) 21st Finals H1 [Complete Results](#)

35-8 [Blake Gleason](#) 22nd Finals H1 [Complete Results](#)

33-11 SB [Lily Hoover](#) 24th Finals H1 [Complete Results](#)

30-3 SB [Delani Weeks](#) 25th Finals H1 [Complete Results](#)

SHOT PUT

26-4.5 [Madison Quimby](#) 4th Finals H1 [Complete Results](#)

24-2.5 SB [Julia Fitzgerald](#) 7th Finals H1 [Complete Results](#)

21-3 SB [Adyson Brooks](#) 14th Finals H1 [Complete Results](#)

19-9 [Blake Gleason](#) 18th Finals H1 [Complete Results](#)

19-4		Mya Atwood	20th	Finals H1	Complete Results
19-1	SB	Destiny Williams	21st	Finals H1	Complete Results
19-1	SB	Lily Hoover	21st	Finals H1	Complete Results
19-0	SB	Olivia Huff	23rd	Finals H1	Complete Results
18-0	SB	Isabella Cote	24th	Finals H1	Complete Results
12-6	SB	Delani Weeks	27th	Finals H1	Complete Results

1600 METER RACE WALK

10:33.50	SB	Riley Nicholls	2nd	Finals H1	Complete Results
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100 METER DASH

11.60		Billy Albertson	2nd	Finals H1	Complete Results
12.64	SB	Gabe Stetkis	20th	Finals H3	Complete Results
13.24		Anthony White	31st	Finals H5	Complete Results
13.60		Brik Bailey	36th	Finals H6	Complete Results
13.65		Bradley Barnes	37th	Finals H5	Complete Results
14.41		Ashton Robertson	45th	Finals H6	Complete Results
14.73	SB	Austin Taylor	47th	Finals H7	Complete Results
14.99	SB	Pablo Calder	48th	Finals H8	Complete Results
15.38		Rangeley Poulin	49th	Finals H7	Complete Results
15.74		Cayden LaPointe	51st	Finals H7	Complete Results

200 METER DASH

22.97	SB	Billy Albertson	2nd	Finals H1	Complete Results
27.17	SB	Henry Sites	21st	Finals H4	Complete Results
29.23		Bradley Barnes	26th	Finals H4	Complete Results
30.13	SB	Pablo Calder	29th	Finals H5	Complete Results
30.75		Ashton Robertson	32nd	Finals H4	Complete Results
31.18	SB	Austin Taylor	33rd	Finals H5	Complete Results

400 METER DASH

58.43	SB	Gabe Stetkis	7th	Finals H2	Complete Results
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800 METER RUN

2:25.58	SB	Sebastian Williams	11th	Finals H1	Complete Results
2:27.61	SB	Lucien Malyk	12th	Finals H1	Complete Results
1600 METER RUN					
5:42.96	SB	Sebastian Williams	8th	Finals H1	Complete Results
7:39.47	SB	Riley Nicholls	15th	Finals H1	Complete Results
4X100 METER RELAY					
52.30	SB	Relay Team	4th	Finals H1	Complete Results
4X400 METER RELAY					
4:10.72	SB	Relay Team	4th	Finals H1	Complete Results
HIGH JUMP					
5-8		Gabe Stetkis	3rd	Finals H1	Complete Results
5-4		Anthony White	5th	Finals H1	Complete Results
5-0		Bradley Barnes	10th	Finals H1	Complete Results
LONG JUMP					
22-1.25		Billy Albertson	1st	Finals H1	Complete Results
17-1		Anthony White	10th	Finals H1	Complete Results
14-10	SB	Brik Bailey	18th	Finals H1	Complete Results
14-7		Ashton Robertson	20th	Finals H1	Complete Results
TRIPLE JUMP					
44-11		Billy Albertson	1st	Finals H1	Complete Results
35-5.25		Henry Sites	7th	Finals H1	Complete Results
31-8	SB	Lucien Malyk	11th	Finals H1	Complete Results
30-2		Ashton Robertson	14th	Finals H1	Complete Results
DISCUS					
111-0	SB	Thomas Hebert	4th	Finals H1	Complete Results
90-6	SB	Aydan Hovencamp	7th	Finals H1	Complete Results
82-3	SB	Joshua Fitzgerald	12th	Finals H1	Complete Results
79-8		Henry Sites	15th	Finals H1	Complete Results
71-0		Troy Dudley	17th	Finals H1	Complete Results
40-4		Kaeson Hight	36th	Finals H1	Complete Results

JAVELIN

111-2	SB	Joshua Fitzgerald	7th	Finals H1	Complete Results
109-1	SB	Keegan McKenna	10th	Finals H1	Complete Results
99-4	SB	Aydan Hovencamp	15th	Finals H1	Complete Results
99-3		Sebastian Dubois	16th	Finals H1	Complete Results
84-11	SB	Troy Dudley	21st	Finals H1	Complete Results
64-0	SB	Rangeley Poulin	32nd	Finals H1	Complete Results
33-5		Kaeson Hight	39th	Finals H1	Complete Results

SHOT PUT

39-8		Aydan Hovencamp	2nd	Finals H1	Complete Results
38-8	SB	Thomas Hebert	4th	Finals H1	Complete Results
34-11		Troy Dudley	8th	Finals H1	Complete Results
33-4	SB	Joshua Fitzgerald	11th	Finals H1	Complete Results
28-2	SB	Keegan McKenna	18th	Finals H1	Complete Results
24-3.5		Riley Nicholls	28th	Finals H1	Complete Results
20-9.5	SB	Cayden LaPointe	32nd	Finals H1	Complete Results
16-0	SB	Kaeson Hight	36th	Finals H1	Complete Results

Throwdown

DISCUS

75-3		Julia Fitzgerald	17th	Finals H7	Complete Results 2024_04_2027
66-9	SB	Grace Greenlaw	31st	Finals H8	Complete Results 2024_04_2027
58-6	SB	Adyson Brooks	43rd	Finals H8	Complete Results 2024_04_2027
58-5		Olivia Huff	44th	Finals H7	Complete Results 2024_04_2027
55-2		Emily Bruce	55th	Finals H5	Complete Results 2024_04_2027
53-9		Blake Gleason	60th	Finals H2	Complete Results 2024_04_2027
48-11	SB	Makaya Molley	69th	Finals H5	Complete Results 2024_04_2027
45-7	SB	Destiny Williams	78th	Finals H4	Complete Results 2024_04_2027
45-0		Lily Hoover	80th	Finals H2	Complete Results 2024_04_2027

43-11	SB	Isabella Cote	85th	Finals H1	Complete Results 2024_04_2027
42-4		Mya Atwood	89th	Finals H3	Complete Results 2024_04_2027
37-10		Chloe Hoover	97th	Finals H1	Complete Results 2024_04_2027

JAVELIN

87-3		Grace Greenlaw	7th	Finals H8	Complete Results 2024_04_2027
69-8		Makaya Molley	26th	Finals H6	Complete Results 2024_04_2027
66-5		Julia Fitzgerald	32nd	Finals H6	Complete Results 2024_04_2027
59-7	SB	Madyson Beaulieu	42nd	Finals H7	Complete Results 2024_04_2027
57-6		Emily Bruce	47th	Finals H4	Complete Results 2024_04_2027
56-5		Adyson Brooks	50th	Finals H4	Complete Results 2024_04_2027
49-1		Mya Atwood	59th	Finals H4	Complete Results 2024_04_2027
46-8		Isabella Cote	62nd	Finals H1	Complete Results 2024_04_2027
45-6	SB	Olivia Huff	65th	Finals H3	Complete Results 2024_04_2027
41-0		Blake Gleason	78th	Finals H1	Complete Results 2024_04_2027
39-5		Lily Hoover	82nd	Finals H2	Complete Results 2024_04_2027
20-10	SB	Chloe Hoover	92nd	Finals H1	Complete Results 2024_04_2027

SHOT PUT

27-6.5		Julia Fitzgerald	18th	Finals H3	Complete Results 2024_04_2027
24-11		Adyson Brooks	34th	Finals H4	Complete Results 2024_04_2027
24-6.75	SB	Grace Greenlaw	38th	Finals H3	Complete Results 2024_04_2027
23-9.75	SB	Madyson Beaulieu	46th	Finals H5	Complete Results 2024_04_2027
20-11.25		Blake Gleason	69th	Finals H8	Complete Results 2024_04_2027
20-9.75		Mya Atwood	71st	Finals H9	Complete Results 2024_04_2027
20-1.25		Destiny Williams	79th	Finals H10	Complete Results 2024_04_2027
20-0.75		Olivia Huff	80th	Finals H5	Complete Results 2024_04_2027
19-9.75		Lily Hoover	83rd	Finals H7	Complete Results 2024_04_2027
19-5.75		Makaya Molley	86th	Finals H9	Complete Results 2024_04_2027
19-1.5		Isabella Cote	89th	Finals H8	Complete Results 2024_04_2027

DISCUS

114-6		Thomas Hebert	13th	Finals H12	Complete Results 2024_04_2027
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96-2	Joshua Fitzgerald	29th	Finals H9	Complete Results 2024_04_2027
94-4	Aydan Hovencamp	31st	Finals H11	Complete Results 2024_04_2027
69-8 SB	Troy Dudley	83rd	Finals H7	Complete Results 2024_04_2027
39-8	Kaeson Hight	132nd	Finals H1	Complete Results 2024_04_2027

JAVELIN

113-4	Joshua Fitzgerald	23rd	Finals H12	Complete Results 2024_04_2027
103-0	Aydan Hovencamp	37th	Finals H11	Complete Results 2024_04_2027
89-7	Troy Dudley	65th	Finals H9	Complete Results 2024_04_2027
33-7	Kaeson Hight	129th	Finals H1	Complete Results 2024_04_2027

SHOT PUT

39-2	Thomas Hebert	19th	Finals H1	Complete Results 2024_04_2027
37-11.5 SB	Aydan Hovencamp	25th	Finals H2	Complete Results 2024_04_2027
33-11.5	Joshua Fitzgerald	42nd	Finals H4	Complete Results 2024_04_2027
33-4.5 SB	Troy Dudley	44th	Finals H3	Complete Results 2024_04_2027
16-8.5	Kaeson Hight	131st	Finals H12	Complete Results 2024_04_2027

Other: Attention all students interested in community service hours: Somerset Woods Trustees is hosting a clean-up day at Kennebec Banks rest area and Wesserunsett Stream Preserve on Tuesday, April 30th from 3-5 pm. If you are interested in volunteering, please see Miss Drummond in G10 to sign up.

Calling all 8th through 12th graders! You are invited to join the Skowhegan Outdoors team for a cook-out and hang out on Tuesday, April 30th, 4:30 p.m. to 6:30 p.m. at Skowhegan Outdoors Basecamp (rain or shine).

****YEARBOOKS ARE STILL ON SALE****

SEE MS. GOURLEY TO PURCHASE YOUR YEARBOOK BEFORE THEY ARE ALL SOLD OUT! - \$60.00

SENIORS:

JUNIORS: Dirigo State is among the most respected and selective educational programs of government instruction for US high school students. A participatory program in which students become part of the operation of local, county, and state government. This is a 6-day conference being held at Colby College June 16-21. Funds are available for a few participants. For more information or to apply see SAHS guidance.

SOPHOMORES:

FRESHMEN:

Art Club: Meet on Wednesdays after school from 2:30pm – 3:45pm.

Board Games Club: Meet on Wednesdays in O1B at 2:30pm

Book Club:

Bowling Club:

Chess Club:

Civil Rights Team: Meet on Tuesdays in the library from 2:30pm-3:30pm

Drama/Speech:

Eco Team: The Eco Team is collecting undamaged eclipse glasses to be donated to a program that will ship them to be re-used by kids in South America who are in the path of the October 2024 solar eclipse. Here is the program: <https://eclipse23.com/pages/donate-eclipse-glasses> There is a box on a table outside of the office.

The SAHS Eco-Team and the honeybee husbandry summer program are selling raw and local honey. They are selling it for \$10 per one pound jar. The money will go toward projects conducted by the Eco-Team at the high school along with maintaining and expanding the beekeeping operation. All honey will be sold on a first come, first served basis with a limit of 3 jars per person. Please see or email Kate Drummond (kdrummond@msad54.org) , Eco Team Advisor, if you have questions.

Eco Team Meets on Tuesdays in G10 from 2:30pm to 3:30pm for the remainder of the year. All interested students are welcome to attend.

E-Sports: Meet on Thursdays from 2:15pm-4:15pm in Rm B3

Guidance Dept: Any seniors who are planning on joining any branch of the military after graduation, please see guidance.

Attention Juniors: Dirigo State is among the most respected and selective educational programs of government instruction for US high school students. A participatory program in which students become part of the operation of local, county, and state government. This is a 6-day conference being held at Colby College June 16-21. Funds are available for a few participants. For more information or to apply see SAHS guidance.

Knitting/Crochet Club: Meet on Wednesdays from 2:30pm-3:30pm in Rm 010A

Math Team:

Outing Club: The next Outing Club trip is Saturday, May 11th to Borestone Mountain and Wilson Falls for hiking. If you are interested in signing up, please see Miss Drummond in G10 by Wednesday, May 8th. Transportation and lunch are provided. All students are welcome to attend.

Somerset Woods Trustees is hosting a clean-up day at Kennebec Banks rest area and Wesserunsett Stream Preserve on Tuesday, April 30th from 3-5 pm. If you are interested in volunteering, please see Miss Drummond in G10 to sign up by the end of the day today.

All students are welcome to attend the free trips on the second Saturday of each month.

Poetry Club: Meet on Fridays in P5 at 2:30pm-4:00pm. New members are welcome.

Recycling: Recycling team will meet Thursdays during CSI. Please come if you are not tagged.

Please recycle #1&2 plastics, mixed paper, glass, metal cans, and returnables at the four hallway recycling stations. Food, food containers and plastic iced coffee cups are considered trash and need to be thrown in a trash can in the lobby, cafeteria, or a classroom.

School Newspaper: Are you interested in working on the school newspaper this year? See Mr. Smith for more information.

Student Council:

Yearbook: The cost of a yearbook is \$60.00. Please see Ms. Gourley to purchase your yearbook. Checks should be made out to SAHS/Yearbook with your name on the memo line.

Teacher News: Wake up ill? Sub needed? Call Sharon Mellows at 696-4938 between the hours of 5am to 7 am. Or e-mail her at smellows@msad54.org