

SKOWHEGAN AREA HIGH SCHOOL

March 12 Day 1

Lunch: BBQ Chicken Wrap, BBQ Pull Pork Sub, Broccoli Salad, Baked Beans, Warm Cinnamon Apple Sauce

Fruit and Veggie bar

There are now late buses being offered to students Monday-Friday from the High School departing at 4:25pm. There are only 3 buses with specific addresses, so you will need to check before signing up, to see if any work for you. Sign up in the main office and need to be done before lunch daily. There is a limit of 20 high school students per bus so be sure to sign up early each day. If you have any questions, please stop in the office. **

Weight Room Schedule: March 9th thru March 13th

Mon, 3/9	Tues, 3/10	Weds, 3/11	Thurs, 3/12	Fri, 3/13
	2:45-4:15pm	2:45-4:15pm	2:45-4:15pm	2:45-4:15pm
	Libby	Keister	Libby	Keister

Spring Sport sign-up sheets are in the main office. Please make sure you have an updated physical on file and proof of insurance prior to tryouts.

Athletic Schedule: March 7th thru 22nd

Day	Date	Sport	Opponent	Location	Time	Dismiss	Bus time
Sunday	3/15/2020	Youth Wrestling	Annual Youth Tournament	Skowhegan HS	7:00-5:00pm		
Monday	3/16/2020	Spring Sports	Spring Coach's Meeting End of Season Pizza	Skowhegan HS Café	4:00pm		
Thursday	3/19/2020	Unified BB	Banquet	Skowhegan HS Lobby	CSI		
Friday	3/20/2020	Youth Basketball	Maple Madness Tourney	Skowhegan HS	4:00-9:00pm		
Saturday	3/21/2020	Youth Basketball	Maple Madness Tourney	Skowhegan HS	7:00-4:00pm		
Saturday	3/21/2020	Bowling	Team State Championship	Sparetime Rec - Augusta	3:00pm		1:30pm
Sunday	3/22/2020	Youth Wrestling	Bob Craig Duals	Skowhegan HS	8:00-5:00pm		

Unified Basketball 3/9-3/13

The UB Team banquet will be held during CSI on: Thursday, March 19th.

March Madness Activities will begin Monday, March 16th. This week will end with a rally on Friday, March 20th. We have altered the schedule to accommodate for all classes to meet (**see schedule below**). Daily Activities (after school) have been set up for students to participate in. Sign-up sheets for activities are in the office on the counter. **Please encourage students to see sign-up sheets for specific dates and instructions regarding each event.**

Dress up days:

Monday (3/16) **Flannel/Country Bumpkin Day**

Tuesday (3/17) St. Patrick's Day - wear **GREEN!**

Wednesday (3/18) **Scrabble Day** - Organize a large group of friends to spell out something using letters on your shirts. This can be fun because if a lot of people do it, you can form different words throughout the day!

Thursday (3/19) **College/Team Sports Day**

Friday (3/20) **School Spirit DAY**

Schedule for Friday, March 20, 2020

8:15 – 9:25 = Block 1 (70 minute class)

9:30 – 10:40 = Block 2 (70 minute class)

10:45 – 12:15 = Block 3 (70 minute class + 20 minute lunch)

12:20 – 1:30 = Block 4 (70 minute class)

1:30 Dismissal to rally!

Four lunch periods are scheduled during Block 3:

Lunch A = 10:40 – 11:00

Lunch B = 11:05 – 11:25

Lunch C = 11:30 – 11:50

Lunch D = 11:55 – 12:15 Marti Stevens = 12:20 or later

SENIOR NEWS:

JUNIOR NEWS: Please pay your class dues (\$40 total) as soon as you are able to do so, to help with planning for senior activities like Class Night and Project Graduation. No Prom Committee meeting next week. See Ms. Stout with any questions. Juniors and parents are invited to attend a College Informational Evening on Tuesday, March 3rd at 6pm in the high school cafeteria. A college admissions counselor from a local college will be here to talk with juniors and their parents about the college admissions process. Please join us for this very informational presentation!!

SOPHOMORE: Attention Sophomores: We will be hosting another Kids' Night Out on Friday, March 13th and we are in need of volunteers to help work this event from 4-8:15pm. Remember, volunteer hours look great on college and job applications! If you can't attend, perhaps you can donate snacks or craft materials to help us maximize our profit. There are sign-up sheets for both in the office. See Mrs. Chase or Mrs. Grindle in the orange section with any questions.

Freshmen: A reminder that class dues are \$10 per year or \$40 for all four years. Dues can be made in payments or all at one time. Class dues are used to pay for various things senior year. Please see Mrs. MacFarland in the guidance office to pay your class dues.

Math: Math Team will be meeting in G3 at 2:30 every Wednesday. New members always welcome. See Mr. Small in Green 3 for more information.

Media Center News:

Guidance: Seniors, it is peak of scholarship season! Now is the time to be checking the Available Scholarships list on the guidance link or look at the list posted outside of the guidance office. There is a lot of money that is given away to seniors who go on to college, but you have to apply. Do not miss out on the free money!

Other: The new SAHS Eco-Team (formerly known as the Green Club) will meet Thursdays from 2:30 to 3:30 in G10. Please see Miss Drummond or Mr. McFadden if you cannot attend but would like to participate.

On Tuesday, March 17, at 7 PM, SAHS Theatre will present an encore performance of the play *Bridge*, the Class A winner of the Central Region Maine Drama Festival. If you did not see the show in competition, this is your chance! If you saw it, come see it again and support the students before they go to State finals. Admission is free; donations accepted.

If you would like to know more about free outdoor recreation activities offered by the Skowhegan AmeriCorps Outdoor Recreation Program, please see the link to the Mainstreet Skowhegan calendar:

<https://mainstreetskowhegan.org/calendar/>

Friday March 13 @ 2:45 pm - 4:15 pm

Have you ever stumbled upon some tracks or obvious signs of wildlife and asked yourself what animal was here? I'd be hard-pressed to find someone who hasn't! Come spend your afternoon with Kate Drummond, a science teacher and Maine Master Naturalist, to learn how to spot and interpret wildlife signs!

This interactive workshop is perfect for all ages and abilities. Meet us in the lobby of the Skowhegan Area High School (SAHS). If you need to borrow snowshoes, fill out this form: <https://forms.gle/Eq3y8rM4LnEFzLhHA>

This is a free community event of the [Skowhegan AmeriCorps Outdoor Recreation Program \(SAORP\)](#) of [Main Street Skowhegan](#).

Location Pin: <https://goo.gl/maps/iwutsf5FzEN2QkBP7>

FRIENDS OF RACHEL CLUB: February's theme is **DREAM BIG!!** Think about your future dreams, and how you can make a difference in the world.

The Friends Of Rachel Club continues to meet on Tuesdays after school in B-2. ALL are welcome to attend and participate in activities at any time. There are also ways to help or be involved even if you can't attend meetings. If you have questions, please speak to Ms. Strout or Ms. Brown.

Thank you to everyone who has contributed to the hands on the cafeteria wall by doing or recognizing an act of kindness! We will continue to do so through the end of the year, so please help us gather as many hands as possible. Blank hands are always available in the office on Ms. Strout's desk. No act of kindness is too small to be recognized!

Newspaper Club: The next meeting is March 3rd and submissions are due by March 15th. Please see Mrs. Cyr or Mr. Smith if you have any questions.

Art Club- Art Club meets on Wednesdays from 2:15 to 3:30 in Y-6. All are invited. We are working on a large mural and other projects and will have an art show in the spring!

Teacher News

Wake up ill? Sub needed? Call Sharon Mellows at 696-4938 between the hours of 5 and 7 AM. Or e-mail her at sharon.mellows@myfairpoint.net or smellows@msad54.org.

Upcoming SCTC Events

SCTC Student Leadership @ 11:45 @ TBA

SkillsUSA @ 12:30 @ TBA

Friday, March 13 - Associated Builders & Contractors Presentation 9:00 - 10:30

Thursday & Friday, March 19 & 20 - SkillsUSA Competition @ Bangor

Wednesday, April 1 - Some SCTC Programs @ ABC Skills Championship @ 8:45 - 12:30

Thursday, April 9 - Culinary Arts 2 UMO 8:30 – 2:00

Monday, April 13 - Program Leader Assembly @ 8:45 – 9:30

Tuesday, April 14 - Program Leader Assembly @ 8:45 – 9:30

Friday, April 17 - Some SCTC Programs @ Future Pathways Day @ KVCC

Tuesday, May 19 - Final Awards Practice & BBQ @ 8:45 - 12:45

Thursday, May 21 - SCTC Final Awards Ceremony @ 6:00

Please contact Mrs. Thiboutot or Mr. Dorr if you have questions regarding the events.